

Monster Arm Wrestling Championships

Sanctioned by World Monster Association

Sunday, August 10 • 1 p.m.

Weigh-ins: 10 a.m. - Noon

Penningroth Media Center (Cattle Barn)

Contact: Lee Ann Krough, 641/479-2202
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Rules and Contest Information

Entry Fee
\$20

1. First, second and third place trophies will be awarded for each class.
2. All competition will be on regulation table under direction of certified referees.
3. Five pound (5-lb.) scale allowance; double elimination.
4. Weights will be verified on the day of the tournament.
5. Classes:

Men's Right Hand:

Bantamweight:	130 lbs. and under
Flyweight:	131-150 lbs.
Lightweight:	151-175 lbs.
Middleweight:	176-200 lbs.
Heavyweight:	201-235 lbs.
Super Heavyweight:	236 lbs. and over

Men's Left Hand:

Flyweight:	150 lbs. and under
Lightweight:	151-175 lbs.
Middleweight:	176-200 lbs.
Heavyweight:	201 lbs. and over

Women's Right Hand:

Flyweight:	120 lbs. and under
Lightweight:	121-150 lbs.
Middleweight:	151 lbs. and over

Women's Left Hand:

Open:	Any weight
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